

Saraland Middle School

December 2019



Breakfast

- 2nd Pancakes, Sausage
- 3rd Ham & Egg Biscuit
- 4th Hot Cereal, Omelet, Cheese Toast
- 5th Sausage Biscuit
- 6th Hot Cereal, Pancake On a Stick
- 9th French Toast, Sausage
- 10th Ham & Egg Biscuit
- 11th Hot Cereal, Cheese Toast, Sausage
- 12th Sausage Biscuit
- 13th Hot Cereal, Breakfast Pizza
- 16th Waffles, Sausage
- 17th Ham & Egg Biscuit
- 18th Hot Cereal, Breakfast
- 19th Sausage Biscuit

Mon	Tue	Wed	Thu	Fri
2 Chicken Bites, Green Beans, Potatoes, Fresh Veggies, Animal Cookies	3 Hamburger, Oven Potatoes, Baked Beans, Fresh Veggies	4 Chili Crispito w/ Cheese, Corn, Black Beans, Fresh Veggies	5 Beef Tips w/ Gravy, Potatoes, Turnip Greens, Cornbread, Fresh Veggies	6 Pizza, Broccoli, Fresh Veggies, Cookie
9 Chicken Sandwich, Oven Potatoes, Broccoli, Fresh Veggies	10 Meatball Sub, Green Beans, Chips, Fresh Veggies	11 Red Beans w/ Sausage, Rice, Coleslaw, Cornbread, Fresh Veggies	12 Taco Soup w/ Chips, Rice Krispy, Fresh Veggies	13 Gumbo w/ Rice Or Corndog, Corn, Potato Salad, Cake <u>Christmas Dinner</u>
16 Hot Dog w/ Chili, Oven Potatoes, Coleslaw, Fresh Veggies	17 Chicken, Green Beans, Potatoes, Fresh Veggies, Roll	18 Sloppy Joe, Oven Potatoes, Baked Beans, Fresh Veggies, Brownie	19 Pizza, Corn, Fresh Veggies, Cookie	20 Hot Cereal, Omelet, Sausage Patty, Biscuit <u>Early Dismissal</u>
23	24	25	26	27
Happy Holidays				

Offered Daily with Meals:
 Cereal & Toast with Breakfast
 Lunch & Breakfast: Unflavored 1% Low Fat, Unflavored Skim, Fat Free Flavored Milk.
 Fruit & Juice served daily.
 Alternate Lunch Meal:
 Chef Salad
 Menu subject to change due to deliveries.